

KWMS Panther Paws

January 20, 2023

Message from the Principal

When talking to parents this week, one topic that has come up frequently is social media and the impact it has had on their child (ren). As we have discussed, many of the student issues that occur in middle school are in some way connected to social media. This seems logical given that such a large percentage of our students are on social media. The issues that used to take place in the cafeteria or locker room are now taking place on Snapchat or Instagram. Social media has compounded many of these issues because once something is posted, it has the potential to be repeated and reshared forever. Social media occurs 24 hours a day, 7 days a week preventing students from getting a break from peer issues once they leave school.



Social media can also have other negative effects on children including anxiety and depression. According to Smart Social, "research suggests that young people who spend more than 2 hours per day on social media are more likely to report poor mental health." Social media can also negatively impact your child's sleep and self image. The use of social media can increase the likelihood that your child will be exposed to cyberbullying, which can also negatively impact his/her mental health.

So what can parents do to prevent the negative impact of social media? The following tips were offered in an article ("6 Tips for Parents of Teens Using Social Media.") published in the Huffington Post:

1. **Control of device use:** Restricting the time duration of device use is the first and most obvious step in protecting teens from the negatives associated with social networking. Additionally, using protection software on the devices used by teens and children offers a safe way to control without restricting their presence on the Internet and social media.
2. **Control of Privacy:** While most popular social networking sites have some form of privacy setting, it is very easy to ignore them. It is important to ensure that the child's privacy settings

are always private in order to prevent unsavory characters from entering his/her digital domain.

3. **Monitoring of contacts:** The line between monitoring and hovering is fine, and every parent must devise her own limits to controlling the number and type of contacts the child has on his/her social networking accounts. It is not unreasonable to set rules that they can only allow people that they know (and the parents know of) into their contact list. This links to the earlier point of control of privacy. It is impossible to limit or control the contact list in sites that are set public.
4. **Knowledge is power:** It is important for parents to know all about the benefits and pitfalls of social networking sites before allowing their child to access it.
5. **Censorship:** The boundary between censorship and restriction is fine. It is a good idea to not allow the teen/child to post photos of themselves online for obvious reasons.
6. **Disabling location/geo-tagging of posts and photos:** In the event that a child posts photos online, even in a private social networking site, it is best to turn the geo-specific information off.

While these tips are helpful, it is equally important for you to have open and honest conversations with your child regarding social media. You should encourage your child to utilize social media as a tool for good. Remind your child that he/she can always come to you or another trusted adult if he/she ever needs help navigating the issues that can arise on social media. It is critically important that your child create a positive image on social media for future colleges and/or employers. Remind your child to THINK about the possible impact before posting anything on social media.

If you would like to learn more about supporting your child on social media, please visit Common Sense Media's website at www.commonsensemedia.org.

Thank you!
Lisa Olsem ~ Principal

WE ARE KENYON WOODS AND WE DREAM BIG!

To accomplish great things, we must not only act, but also DREAM; not only plan, but also BELIEVE!
~ Anatole France

CONGRATULATIONS TO OUR JANUARY STUDENTS OF THE MONTH!

Congrats to all the Students of the Month!!! Each month one student is chosen from each of the different departments as their Student of the Month. These students exemplify what it means to Live the Kenyon Way. Teachers are looking for students who are kind, take initiative, go above and beyond in their classes, students who help others in need and students who have positive attitudes.

They Respect Others and Act Responsibly each and every day.

Congratulations to these students for being chosen as the Student of the Month for January!!

Jack Billips
Mason Podgorski
Matthew Creagan
Kadence Edwards
Peyton Cwiklinski
Allison Garbacz
Alexandria McFarland
Anum Hussain
Jackson Kirschner
Ethan Horton
Gian Tolentino
Leona Najjar
Prisma Alvarez
Maria Martinez



VALENTINE'S COOKING CAMP IS COMING!

It's that time of year to show our appreciation to the ones that we love. Our Valentine's Cooking Camp is right around the corner. We will be making a variety of Valentine's treats for you to eat and take home. This camp is running Monday & Tuesday February 6th & 7th.

If you are interested in attending this camp, pick up the information on the stage in the lunchroom & return the camp fee along with your permission slip to Mrs. Malone or Mrs. Gentry in G207 (the Foods Room) **ASAP**. There is limited space, so it is first come, first serve. Bon appetit.

THIS WEEK'S SPIRIT WEAR SALE!

All Joggers \$10 Off

All joggers and sweatpants are marked down \$10.00 through Sunday.

A direct link to all joggers and sweatpants is: <https://1stplacespiritwear.com/collection/33326/?style=Sweatpants>

KENYON WOODS

SpiritWear

FAST
DELIVERY

**ALL
JOGGERS**
Only
\$29.99

Pricing valid through 1/29/23



ORDER AT
1STPLACE.SALE / 33326

1ST PLACE
Spiritwear

FROM THE CREATIVE MINDS OF OUR PANTHERS!

Art 2 students learned about using advanced coloring techniques to start off the semester. They learned the importance of not only what colors to use in an organized fashion, but *how* to use them as tools. Here is **Jenna Hummrich's** dragon that she transformed using great coloring techniques.



PTO FUNDRAISER - Butter Braids

This week your child received a flier for ordering Butter Braids. This is a pastry dough that rises and bakes into a delicious breakfast/dessert entrée. They are available in a variety of flavors. **The fundraiser will run from 1/18 until 2/3.** Please make sure your orders are in by 2/3. **Delivery date is 2/13.** We will send the pastries home with your child unless noted otherwise.



All profits go to the school and are used for many activities for your child. If you prefer to use online ordering. The link below can be used. Any questions, please contact Vicki at vbliven2@yahoo.com.

<https://store.myfundraisingplace.com/RegisterSeller/69eca282-cee7-421c-ab13-01c0a6c7dde2>

NO COOK DAYS - JERSEY MIKES!



SHARING THE LOVE BACK
COMMUNITY EVENT



**KENYON WOODS
MIDDLE SCHOOL**

"No-cook" WEEKEND!

Friday, Jan 27th AND Saturday, Jan 28th AND Sunday, Jan 29th
Anytime during regular hours!

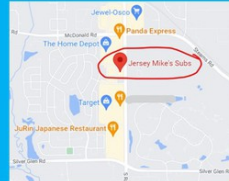
Where → Jersey Mike's

(469 Redington Dr, South Elgin, IL 60177)

***** KENYON WOODS MIDDLE SCHOOL GETS BACK 15% OF PURCHASES *****

COME SUPPORT OUR SCHOOL !!!

(NOTE: PLACE RECEIPT IN THE JAR)



Dr. Martin Luther King Jr. Food Drive

It is that time of the year again where we help others by giving back to those who are in need. I am asking that each student bring in two items each day to make a difference. All items must be non-perishable. Please make sure items are not expired. The food drive will run from Jan 10th-Jan 31st. Please take all items to your 1st period class. The class that collects the most will win donuts and juice boxes.

If you have any questions please contact Mr.Cook @ Jimcook@u46.org

Your participation is greatly appreciated.

OPEN HOUSE FOR THE BOYS AND GIRLS CLUB



SOUTH ELGIN CLUBHOUSE

OPEN HOUSE

bgcelgin.org/apply
224-380-4856



WHERE: 735 MARTIN DRIVE
WHEN: JANUARY 27
10AM-5PM

Parents and interested members are invited to attend an Open House for the Boys & Girls Club of South Elgin **FREE** after school program. Tour our facility that includes a full court gym, gamesroom, library, cafeteria, art center, and STEM lab and hear more about the enrollment process!

No RSVP necessary. Contact Casey for more information at 630-440-1904.



8th Grade Dance



Save the date

May 4, 2023

6 - 9 P M

Dinner and Dancing

Villa Olivia
1401 W Lake St, Bartlett,
IL 60103

CREATIVE CLUB IS BACK!

First meeting is in FEBRUARY!



IMPORTANT DATES

1/27/2023 - No School - Teacher Institute Day
1/30/2023 - Girls Basketball Game vs. Kimball - Home
2/1/2023 - Girls Basketball Game vs. Larson - Home
2/6/2023 - Girls Basketball Game vs. Kimball - Away
2/6/2023 - PTO Mtg - Zoom - 6:30 pm
2/8/2023 - Girls Basketball Game vs. Eastview - Home
2/9/2023 - Girls Basketball Game vs. Tefft - Away
2/13/2023 - Girls Basketball Game vs. Canton - Home
2/15/2023 - Girls Basketball Game vs. Eastview - Away
2/20/2023 - No School - President's Day

What's on the MENU this month?

Link to all 2022/23 KWMS Panther Newsletters



Kenyon Woods Middle School

Website: <https://www.u-46.org/KenyonWoods>

Location: 1515 Raymond Street, South Elgin, IL, USA

Phone: 847-289-6685

Fax: 847-488-1430

Attendance line: 847-289-6685 Ext: 6654



Lisa Olsem

Lisa is using Smore to create beautiful newsletters

